# lifeblood

### the unofficial go-head journal

april 30, 1994

issue #24

#### **SWAMP OPHELIA DUE MAY 10TH**

Tuesday, May 10th, two days shy of the two year anniversary of the release of "Rites Of Passage", is the scheduled release date for Indigo Girls latest album, "Swamp Ophelia". The first single, "Touch Me Fall", is scheduled to be released the end of April and features Amy and Emily both playing electric guitars. The promo CD for "Touch Me Fall" has a great black and white photo of Emily and Amy jumping on an acoustic guitar, and a video for the song should start appearing on MTV and VH-1 soon. The video will contain live footage shot recently at The Roxy in Atlanta after a Kristen Hall/Matthew Sweet show. The afternoon of the show it was announced on local radio that anyone with a ticket to the show (it was only about half way sold out at the time) could stay late and be a part of the video. The show quickly sold out and the diehards that hung around were treated to Amy and Emily (without their band) lip synching "Touch Me Fall" several times (including one version where Emily sang Amy's part) and an impromptu set of seven or eight songs from the new album.

Plans for the "Swamp Ophelia" tour are now official, in late April Russell Carter mailed out an Indigo Girls newsletter listing all the shows through September (the list is reproduced on the next page). It is really great that they were able to release all this information so soon, it should make planning those Indigo road trips a lot easier this time around.

#### INDIGO GIRLS SWAMP OPHELIA TOUR

#### **EUROPE**

Date	City	Venue
5-21 5-22 5-24 5-25 5-26 5-28 5-31 6-01 6-02 6-03 6-05 6-06 6-07 6-08	Amsterdam Brugge Frankfurt Cologne Hamburg Stockholm Newcastle Glasgow Manchester London Bristol Sheffield Wolverhampton Cambridge	Paradiso Cactus Club Batschkapp Live Music Hall Docks Gino Riverside Club Pavillion Theatre M.D.H. Apollo Hammersmith Bierkellar Sheffield University Wulfrun Hall The Junction
	USA	
6-17 6-18 6-19 6-21 6-23,24 6-25 6-26 6-28,29 7-01 7-02 7-03 7-05 7-07 7-08 7-09 7-10 7-12 7-14 7-15 7-16 7-19 7-20 7-21	Birmingham, AL Greenville, SC Chattanooga, TN Richmond, VA Vienna, VA Philadelphia, PA Vernon Valley, NJ New York, NY Mansfield, MA Portland, ME Stratton, VT Montreal, QUE Toronto, ONT Rochester, NY Cleveland, OH Kettering, OH Interlochen, MI Milwaukee, WI Madison, WI Minneapolis, MN Des Moines, IA Kansas City St. Louis, MO	City Stages Peace Center Riverbend Festival Classic Amphitheater Wolftrap Mann Music Center Great Gorge Radio City Music Hall Great Woods Cumberland County Civic Stratton Mountain Pavillion St. Denis Theatre Ontario Place Forum Meadowbrook Music Pavillion Nautica Fraze Pavillion Interlochen Center for the Arts Riverside Theatre Civic Center Northrop Auditorium TBA TBA Fox Theatre
7-21 7-23 7-24,25 8-08 8-13,14 8-15 8-21 8-26,27 8-28 8-30 9-02 9-03 9-04	Nashville, TN Atlanta, GA Newport, RI Denver, Co Salt Lake City, UT Berkeley, CA Los Angeles, CA San Diego CA Phoenix, AZ Houston/Austin Dallas, TX	Tennessee Performing Arts Center Chastain Newport Folk Festival Red Rocks Park West Greek Theatre Universal Amphitheatre Summer Pops Bowl TBA TBA TBA TBA

"Swamp Ophelia" will reportedly feature the following songs (in order):

Fugitive
Least Complicated
Language Of The Kiss
Reunion
Power Of Two
Touch Me Fall
Wood Song
Mystery
Dead Man's Hill
Fare The Well
This Train (Revised)

As with "Rites Of Passage", Epic has set up a special indigo Hot Line, 1-800-457-3027, which contains excerpts from the new album and comments from Emily and Amy. If they use the hot line the way they did before the message will be changed around the time of the release of the album and will be disconnected after a couple of months. As of this writing, two promo posters have been released for "Swamp Ophelia", the first is a white banner with no photos but gives the release date for the album and the 800 number, and the second is approximately 2 feet by 3 feet and has a color photo of Amy and Emily against a white backdrop. Flats of the album cover have also been sent to retailers.

In other news, The New Mongrels CD is out, it features Haynes Brook, Dave Clair, Jim Rogers, Michelle Malone, Amy Ray, Michael Lorant, Jeff Mosier, Gerard McHugh, Emily Saliers, Chris Griffith, Clark Taylor, Dede Vogt, A.C. Ordover, and Sheila Doyle. It's really a neat CD, the artists are mixed and matched on the different tracks, which were all written by Haynes Brook. It is out on the Daemon label and is available directly from them or from any Atlanta area record store.

### From The Flying Biscuit, February 1994:

(FOR NOW)

PLEASE REFRAIN FROM SMOKING



# SERVING BREAKFAST ALL DAY! LUNCH & DINNER SPECIALS

HOURS CLOSED MONDAYS
TUESDAY - SUNDAY 9:00 AM - 9:00 PM

for take-out, call: 404-687-8888 1655 MCLENDON AVE. (AT CLIFTON) ATLANTA, GA 30307

NON-STOP BREAKFAST	
NON FIOR BREAKFAST	
Organic Oatmeal Pancakestopped with fresh fruit salsa and served with pure maple syrup.	5.50
Orange French Toastthick-cut whole wheat topped with carmelized bananas. Served w/honey.	5.50
The Flying Biscuit Breakfasttwo eggs with turkey & sage breakfast sausage.	5.95
• Egg-ceptional Eggstwo fried eggs on black bean ca topped with salsa verde and sour cream.	kes <b>5.95</b>
Meggxican Wraptwo eggs scrambled with chedder cheese, tomatoes, onions & cerrano peppers wrapped i flour tortilla & topped with warm, red salsa & sour cream (tofu can be substituted for egg & cheese)	<b>5.50</b> n a n.
Scrambled Tofuspicy scramble of tofu, ginger, garlic, onions, red & green peppers & mushrooms.	4.95
<b>©</b> Omelettes	
<ul> <li>Sun-dried tomatoes, mozzarella, ricotta, fresh basii</li> </ul>	5.50
Veggie - laden with sauteed market vegetables du jour	4.95
add cheese	.75
French Vanilla Non-fat Yogurttopped with homemade granola & fresh fruit salsa.	4.25
Bohemian Breakfastespresso bar, cup of coffee, 2 cigs (to go only).	2.95
Served with oven-roasted rosemary potatoes and choice of whole wordinal flying biscuit	vheat or
SANDWICHES	
Sandwiches served on whole wheat roll, with side salad of organic field	d greens.
Turkey Burgerwith homemade roasted red pepper	5.75

Turkey Burger...with homemade roasted red pepper mustard, lettuce and tomato.

5.75

**Angel Burger...**vegetable and grain patty crowned with alfalfa sprouts, tomatoes, lettuce & roasted red pepper mustard.

5.75

**Veggie Sandwich...**a spicy saute of seasonals with mozzarella and crowned with alfalfa sprouts & pesto tofunnaise.

5.75

Options: April Moon's roasted red pepper mustard, pesto tofunnaise, regular mayo, lettuce, tomato, raw onion

add cheese .75 add onions & peppers .75



# SIDES

Short Stack of Organic Oatmeal Pancakes with frefruit salsatwo cakes	esh 3.50
Whole Wheat French Toastone piece w/ carmelize bananas.	ed 3.00
Turkey & Sage Breakfast Sausagetwo patties.	2.95
Oven Roasted Rosemary Potatoes	1.50
Lucero's Black Bean Cakes2 delicious cakes.	2.50
Cream Cheese Coffee Cake	3.50
Egg Biscuit	1.95
Egg & Cheese Biscuit	2.50
Sausage Biscuit	2.75
An Egg	.95
Biscuitwhole wheat or flying	One Buck

## **SALADS & SOUPS**

Warm Chicken SaladFree-range organic cnicken atop an organic field greens mix. Changes whimsically, just ask!  House Saladan array of organic field greens drizzled with balsamic vinagrette.  (add 1.00 for crumbled maytag bleu cheese)		7.95	
		4.50	
Stoupa vegetarian cross between	cup	2.50	
stew & soup, laden with the freshest seasonals	bowl	3.95	

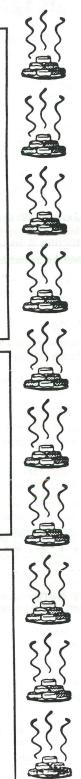
## SPECIALTIES

available.

We have nightly chicken & pasta specialsask!	
Chicken & Dumplingsa bowl of thick, moist dumplings, organic free-range chicken, hand-pulled from the bone, all in a thick, chicken gravy. Served with a biscuit. Like mother's love!	6.95
Lucero's Love Cakesthree black bean & cornmeal cakes, sauteed and topped with a tomatillo salsa, sour cream, feta cheese & spears of raw onions.	5.25

Virtuous Vegan Pie...Com tortillas layered w/spicy green salsa & a saute of corn, zucchini, onions & 6.50 peppers. (For those not so virtuous, melted mozzarella & sour cream are available).

(Specialties served with half a house salad).



... BY APRIL MOON

Espresso Bar	1.75
Cream Cheese Coffee Cake	3.50
Apple Spice Cakewith a country scoop of Vanilla Ice Cream	3.50
Cherub Cheese Cakedelectably different daily	3.75

All Colleg	avallable decannated	
Cup of	Colombian	

Cup of Colombian	1.00
Espresso	1.50
Mocha	0.00

		0.00
Cappuc	cino	2.50

Sledgehammer	4.50
(four shots of espresso with	

steamed half & half)	
Yogi-Latte (Tahitian Almond Spiced tea	2.25

brewed cappuccino style)	
Delio (Our signature double espresso	3.50
mochaccino)	

Espresso Shake	3.50
Chocolate Chip Shake	3.50

Hot Chocolate	1.95
Herbal Tone	4.05

	9	
Iced Tea		1.00

Iced Cranberry Cove	1.25
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Coke,	Diet	Coke,	Сап	Free	Diet	Coke	1.00
1000							

in a moot been	1.50
Reed's Ginger Brew (fruit sweetened)	1.50

	_	•		,		
Springtime	Dura	Drinking	Water		4 00	•

Fresh OJ		sm <b>1.50</b>	la 3.00









Michelle Malone & Band De Soleil February 26, 1994 OTIS' Chicago, Illinois

(First of all, I apologize that I didn't get this review written earlier than I did--but better late than never!)

I received a post card of concert dates from Michelle's fan club just two weeks prior to the concert. It was a typical winter night in Chicago...bone-chilling temperatures, we were recovering from a snowstorm and the closest parking spot my friends and I found was about two miles from Otis'---but we made it! (Then again, nothing stops devoted fans, right?!) My friends and I arrived an hour before the concert. While we were waiting for Michelle and her band, we were near the minute stage checking out the band's gear. When the band arrived, they walked right by us and headed for the stage. When Michelle looked in our direction, I said hello to her and we shook hands. Fortunately I was wearing my Daemon T-shirt than night because Michelle noticed it. She asked us if we would be interested in making some extra money or earning a concert T-shirt because she needed someone to sell her merchandise. So, of course we wanted to help her out. It was a lot of fun selling the merchandise. Some people even thought I was part of Michelle's entourage because they were asking me questions regarding Michelle's music and Daemon Records. (Fortunately, I was able to answer them.)

The concert was fantastic. This was the second time that I saw Michelle perform. The first time I saw her was when she opened for the Indigo Girls at the Cabaret Metro in Chicago during their \$10 tour; that particular concert of Michelle's was a solo acoustic show. This time she was with her new band: Band De Soleil. They were great and the woman was absolutely amazing. My guitar-playing buddies and I were blown away by her talent. She played "Alter Of My Youth", a song you probably heard if you caught her when she opened for Emily and Amy because they all performed that song together. She

and the band also performed a rousing rendition of the Jefferson's theme song, "Movin' On Up"! That was so cool! We all had a blast.

After the concert, Michelle talked with us and I received her autograph. She's a really nice, interesting individual. I had great fun earning my concert T-shirt that night!

Debbie Slowinski Hometown, Illinois

# Indigo Girls speak Out in magazine

By Kris Jensen

STAFF WRITER

Atlanta's Indigo Girls talk about being lesbians and their new album, "Swamp Ophelia," in the April Out (\$3.95).

The Grammy-winning duo of Emily Saliers and Amy Ray are

interviewed by Holly Crenshaw, a writer for The Atlanta Journal-Constitution.

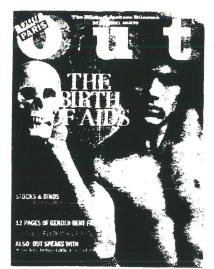
"I always thought it was funny when people would ask me if I wanted to come out, because I already am out," Ray says. "I've always talked about it very matter-of-factly because, personally, I never felt the need to be in the closet."

Saliers is a bit more reluctant. "I've always thought of myself as a very private person, and I'd be that way whether I was straight or gay," she says.

One thing they won't do is be pushed into barring men

from their audience. "I can see a place for separatism in history, especially in the growth of the gay movement," Ray says. "But I hought that was defeating the purpose of what my music was about."

The issue also contains an analysis of the birth of AIDS, which luestions whether a return to free-wheeling lifestyles could be ertile ground for a similar epidemic.



# Indigo Girls - U.S. Promo CD's

ESK 1486	Kid Fears/Closer To Fine/Center Stage/Prince Of Darkness. Blue CD with white insert.
ESK 1490	Love's Recovery/Secure Yourself/Kid Fears. White CD with no insert.
ESK 1634	Closer To Fine. Green CD with no insert.
ESK 1670	Reverse 1 Live: Closer To Fine/Land Of Canaan/Love Of The Common People/Crazy Game/Kid Fears/Mona Lisas And Mad Hatters/American Tune (all live)/Closer To Fine/Kid Fears (both studio).
ESK 73003	Land Of Canaan (remix). Blue CD with no insert.
ESK 1939	Holiday Greeting/Get Together. Red CD with no insert, "Special Holiday Sampler" sticker on some jewel cases.
ESK 73255	Get Together. Black CD with no insert.
ESK 2200	Hammer And A Nail. Purple CD with folk art insert.
ESK 2201	Shades Of Indigo: 1 2 3/Southland In The Springtime (both studio)/Hammer And A Nail/Melissa/Watershed/Pushing The Needle Too Far/You And Me Of The 10,000 Wars/Daddy's All Gone (all live). Silver and green CD with purple insert.

ESK 2284	Watershed (studio)/Watershed (live)/ All Along The Watchtower (live). Folk art CD with insert.
ESK 4434	Galileo. Orange CD with photo insert.
ESK 74326	Galileo. Folk art picture CD in digi-pak.
ESK 4550	Joking.  Blue CD with photo insert.
ESK 4552	Rites Of Passage (advance) Brown CD with black insert.
ESK 4570	Rites Of Passage (advance) Picture CD in tri-fold digi-pak.
ed no vetilon	General Foods International Coffee's Coffee House Sessions - Show 25 (Spring 1992): Cedar Tree/Love Will Come To You/Ghost/Jonas And Ezekial (all live).
ESK 4632	Sessions - Show 25 (Spring 1992): Cedar Tree/Love Will Come To You/Ghost/Jonas And
ESK 4632	Sessions - Show 25 (Spring 1992): Cedar Tree/Love Will Come To You/Ghost/Jonas And Ezekial (all live).  Club R & R: Welcome Me/Galileo/Joking/Ghost/Three Hits/Closer To Fine/The Water Is Wide (all live).
ESK 4863	Sessions - Show 25 (Spring 1992): Cedar Tree/Love Will Come To You/Ghost/Jonas And Ezekial (all live).  Club R & R: Welcome Me/Galileo/Joking/Ghost/Three Hits/Closer To Fine/The Water Is Wide (all live).  Ghost.

ESK 6029 Touch Me Fall. Photo CD in cardboard digi-pak. Indigo Girls - Foreign Commercial CD's 654907 Closer To Fine/History Of Us/Center Stage. Silver CD with cardboard photo sleeve (England). Closer To Fine/Closer To Fine (live)/Mona Lisas And 655135 2 Mad Hatters (live)/ American Tune(live). Gold CD with cardboard photo sleeve (England). 658040 2 Galileo/Ghost (excerpt)/Joking (excerpt)/Love Will Come To You (excerpt)/Jonas And Ezekial (excerpt). Gold CD with insert (Austria). 658156 2 Galileo/Ghost (excerpt)/Joking (excerpt)/Love Will Come To You (excerpt)/Jonas And Ezekial (excerpt). Silver CD with insert (Australia). 658768 2 Galileo/Closer To Fine/Tried To Be True/Hammer And A Nail. (Austria). Indigo Girls - Guest Appearances CD's CK 48881 Mary-Chapin Carpenter - Come On Come On. Amy and Emily vocals on The Hard Way and Walking Through Fire. The Ellen James Society - Reluctantly We. 7-5050 Amy vocals on Motive and God In Heaven. Emily guitar on God In Heaven.

7-5055	Kristen Hall - Real Life Stuff. Emily guitar and vocals on It's Allright.
7-5053	Kristen Hall - <u>Fact And Fiction</u> . Emily guitar on I Gave Everything and Out In The Country.
ARCD-8630	Michelle Malone And Drag The River - Relentless.  Amy vocals on Long Love Century.
7-5052	Gerard McHugh - More Than I.  Amy and Emily vocals on Love Is A Lion.
ARCD-8586	Kris McKay - What Love Endures.  Amy and Emily vocals on One Moment To Another and Any Single Solitary Heart.
26344-2	Dwight Yoakum - <u>If There Was A Way</u> . Amy and Emily vocals on Dangerous Man.
CA.2.17.93	Caroline Aiken - <u>Live At The Attic</u> .  Amy and Emily vocals on White House Blues.  Emily guitar on White House Blues.  Emily guitar and vocals on Another On The Rise.
33K 74808	Can We Go Higher?-A Song For The Victims Of War. Amy and Emily vocals.
9 61464-2	Nanci Griffith - Other Voices/Other Rooms.  Amy And Emily vocals on Wimoweh.
LP 25	Big Fish Ensemble - <u>I Hate Parties</u> . Amy and Emily vocals on Animal.

17X11	Singer Songwriter Showcase II hosted by Amy Ray. Bright green with black lettering.
36X42	"Nomads Indians Saints" pre-release. Pink with album cover and release date.
23X23	"Nomads Indians Saints" album cover.
17X12	Newport Folk Festival with photos of Suzanne Vega, Mary-Chapin Carpenter, and Amy and Emily with Joan Baez.
24X11	"Back On The Bus Ya'll" album cover on one side and the inside photo on the other.
36X16	"Rites Of Passage" pre-release. Brown with want ad giving release date and 800 number.
36X24	"Rites Of Passage" color photo with Amy looking down and Emily standing next to her.
36X24	"Three Hits". Color photo of Amy and Emily sitting on the curb outside Pickneys Store.
??X??	"Swamp Ophelia" pre-release. White with release date and 800 number.
36X24	"Swamp Ophelia". Amy and Emily against a white background.

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Indigo Girls - Cassette Singles (Commercial Releases)		
34T 68912	Closer To Fine/Cold As Ice.	
34T 73003	Land Of Canaan/Never Stop.	
34T 73255	Get Together/Finlandia.	
34T 73607	Hammer And A Nail/Welcome Me (Live).	
34T 74326	Galileo/Ghost (excerpt)/Joking (excerpt)/Love Will Come To You (excerpt)/Jonas And Ezekial (excerpt).	
34T 74434	Joking/Airplane.	
Indigo Girls - Promo Posters		
22X17	Indigo records "Strange Fire". White with album cover and live photo.	
27X23	"Indigo Girls" album cover with yellow band across bottom.	
19X13	Hothouse Flowers/Indigo Girls at the Fillmore 2/15/89. Red with yellow flowers.	
19X13	Indigo Girls at the Fillmore 5/21/89. Blue with two flowers.	
36X24	"Strange Fire" re-release. Large black and white photo with Amy praying and Emily sitting down plus two color photos from the back of the "Live At The Uptown Lounge" box.	
22X12	"Live At The Uptown Lounge" box cover.	

CK 47321	<u>Hitchhiker Exampler 2</u> . Southland In The Springtime.
ASK 1826	Hitchhiker Radio Saga 2. I Don't Want To Know.
ASK 1878	Hitchhiker Sampler - Volume 2. I Don't Want To Know.
ASK 3033	Hitchhiker Radio Saga 3. Southland In The Springtime.
· · · · · · · · · · · · · · · · · · ·	Hitmakers Top 40 CD Sampler - May 26, 1989. Closer To Fine.
4	Album Network Tune Up - Rock #30. Kid Fears.
ASK 1468	Take A Hit. Kid Fears.
ASK 1468	
ASK 1468	Kid Fears.  Album Network Tune Up - Rock #57.
	Kid Fears.  Album Network Tune Up - Rock #57.  Hammer And A Nail.  Album Network Tune Up - Rock #82.
	Kid Fears.  Album Network Tune Up - Rock #57. Hammer And A Nail.  Album Network Tune Up - Rock #82. Galileo.  Best Buy Fall Sampler '92.

Indigo Girls - Co	ompilation CD's (Non-album Releases)
RHR CD36	Ben & Jerry's Newport Folk Festival.  American Tune (live).
SIS 001	A Tribute To Bob Dylan Vol. 1. Tangled Up In Blue.
ARCD-8669	Deadicated. Uncle John's Band.
	Tame Yourself. I'll Give You My Skin.
CK 46062	Theodore: An Alternative Music Sampler Kid Fears (live).
EK 47304	Stanley, Son Of Theodore. Pushing The Needle Too Far (live).
BMP005CD	The Best Of Mountain Stage Live - Vol. 5 Love's Recovery (live).
LK 53832	Put On Your Green Shoes. Wild, Wild Party In The Loquat Tree.
ESK57624	Philadelphia Soundtrack. I Don't Wanna Talk About It.
Indigo Girls - Co	ompilation CD's (Album Releases)
7 82032-2	The Wonder Years. Get Together.
CK 46036	Hitchhiker Exampler.  Make It Fasier